

Winter Salad (My mother's favorite salad)

½ head lettuce, broken fine

1 med carrot shredded

1 med apple chopped

1 orange chopped (may substitute can mandarin oranges)

¼ cup nuts

¼ cup raisins

Dressing:

½ cup sugar (may use splenda)

½ cup evaporated milk

1 tlb. Vinegar

Blend together and pour over salad